



Event Report

Seminar

TECHNOLOGY AND SUSTAINABLE ECOSYSTEM FOR WOMEN

16th February, 2024

Venue – Smt. Kamlaben Shankarbhai Patel Auditorium,GCET

The seminar on "Technology and Sustainable Ecosystem for Women" organized under the auspices of Women Empowerment Cell, GCET in line with the International Women's day 2024 theme 'Invest in Women: Accelerate Progress', saw 102 enthusiastic participants out of which were 54 students and 48 faculty members from various educational institutions across Anand, Gujarat. The seminar aimed to empower and educate women on health, productivity, mindset, and financial independence, commenced with registration and high tea, followed by formal inaugural ceremony, four expert talks and an experience sharing session by four senior female faculty members of GCET. The inaugural ceremony dignitaries on the dias included Chief Guest Dr.Nayana Patel, Medical Director and Head of IVF, Akanksha Hospital & Research Institute, Anand, Dr. Darshak Desai, Incharge Registrar, CVM University, Dr. Kaushik Nath, Principal, GCET, Dr.S K .Dave, Chairman IEI ,Vallabh Vidya Nagar Local Center, Dr. Maulika Patel, Convenor of the event and Coordinator, WEC GCET, and Dr. Krupal Parikh, Program Coordinator. The program was funded by Institution of Engineers, India, VVLC, Student Start-up and Innovation Policy, GCET and CVMU. After floral welcome of on dias dignitaries on stage, their addresses touched various aspects like importance of empowering women in the society, role of women in emotional sustainability, strength of developed and empowered women, various activities and support systems offered by Institution of Engineers (IE) India, formation, evolution and objectives of WEC and also registering gratitude to all the stakeholders of the WEC program.

Soon after the inaugural ceremony, the first expert talk was on 'Prioritize Health' by Dr. Nayana Patel, renowned for her pioneering work in IVF and surrogacy, delivered an enlightening session on prioritizing health. She emphasized the importance of women's health and raised awareness about critical issues such as cervical cancer, breast cancer, and other women-related diseases. Dr. Patel's global influence and



expertise added significant value to the session, inspiring attendees to prioritize their well-being. Second session on ‘Managing Priorities’ delivered by Ms. Arundhati Chafekar, a seasoned professional in learning and development, shared valuable insights on managing priorities effectively. Drawing from her extensive experience, she provided practical techniques to enhance productivity and efficiency in daily life. Attendees benefited from her interactive and engaging training style, gaining actionable strategies for managing their busy schedules. The third session was on ‘Growth Mindset’ by Ms. Mayuri Gohil, an educator with a passion for empowering underprivileged children, discussing the concept of a growth mindset. Through her journey and experiences, she highlighted the importance of embracing challenges and adopting a positive attitude towards learning and growth. Attendees were inspired to cultivate a mindset focused on resilience and continuous development. The fourth talk on ‘Staying Invested’ given by Mr. Sanket Joshi, a specialist in the mutual fund industry, provided valuable insights into India's current economy and the benefits of investing. With his expertise in financial education, Mr. Joshi shared strategies for financial independence and encouraged attendees to explore investment opportunities. His session equipped women with the knowledge and confidence to make informed financial decisions.

The experience sharing session titled ‘Wisdom Waves’ offered a unique opportunity for participants to learn from the rich experiences and stories shared by four esteemed female faculty members of G. H. Patel College of Engineering & Technology. The "Wisdom Waves" session served as a beacon of inspiration and enlightenment for all participants. The stories, experiences, and insights shared by the esteemed faculty members underscored the importance of resilience, cultural wisdom, intellectual curiosity, and continuous learning in women's empowerment. Dr. Snehal Popli, an accomplished Civil Engineering professional, commenced the session by sharing her personal journey and the valuable lessons she learned from her role models. Through anecdotes about her father, husband, self-discovery, and guidance from mentors, she emphasized the importance of respect, self-reliance, resilience, and positivity in navigating life's challenges. Dr. Smita Joshi, an accomplished educator and researcher in Applied Physics and Renewable Energy, enriched the session with a mythological narrative behind the mrigashira nakshatra. Drawing parallels between ancient wisdom and modern science, she illuminated the significance of cultural narratives in understanding the universe and our place within it. Dr. Khadeeja Priyan, Head of the Civil Engineering Department, shared insights from her article "Understanding the Meaning of Wisdom" published in GCET Voice 2017. Quoting eminent figures such as Aristotle, Socrates, Albert Einstein, and Buddha, she explored the multifaceted nature of wisdom and its relevance in contemporary society. Dr. Maulika Patel, convenor of WEC and Head of the Computer Engineering Department, concluded the session by recommending three transformative book titles, *Perna nu Jharnu* by Dr



Jitendra Adhiya, You can heal your life by Louise Hay, Being you, Changing the world, by Dr Dain Heer, and emphasised the power of thoughts. Her personal recommendations provided attendees with valuable resources for personal and professional growth.

The seminar as a whole proved to be a resounding success. Attendees gained valuable insights into prioritizing health, managing priorities, nurturing a growth mindset, and achieving financial independence. The event served as a platform for empowerment and education, inspiring women to pursue their goals with confidence and determination.

Glimpse of the event







Feedback from the attendees -

